



Regional Development Managers

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Following my recent appointment as National Development Manager for Powerlifting I have agreed a task list and wish to get started immediately with your help and support.

I recognise the significant contribution you already make to our sport and the knowledge you have accumulated about Junior and new lifters.

We need information about existing juniors and those showing aptitude and enthusiasm to start competing. Potential new lifters who may join us often need a little help and a guiding hand to gain the confidence to compete. We would like all Celtic Nations and Divisions to appoint a Regional Development Manager with the role of helping juniors and new lifters engage with our training and competition programme. This will enable a range of strategies plus practical and effective initiatives to develop our young and new lifters.

The role of the Regional Development Manager will be to:

- Identify and help develop current novice and junior lifters
- Act as 'Powerlifting Navigator' for newcomers to access the sport
- Encourage young and new members to enable our sport to grow and thrive

The operational procedures for the role will be to:

- Collate information on junior lifters in the region
- Identify active and appropriate individuals (including lifters, coaches and referees) to help and support juniors and novices
- Recognise clubs and powerlifting-friendly gyms to support development in the division through squads and provide access points for the sport
- Guide and help new lifters through the process of getting started and competing in the GBPF
- Provide information on universities, colleges, and schools in the area, to extend links with student bodies and supporters

Please appoint a Junior Development Representative at your forthcoming AGM and forward their contact details to me. This will enable me to get underway with setting up a practical action plan for this year.

Any feedback on your own ideas and offers of help will be gratefully received and whenever practical and appropriate included in future actions.

Paul Rees, National Development Manager